

The ITP Discussion Guide

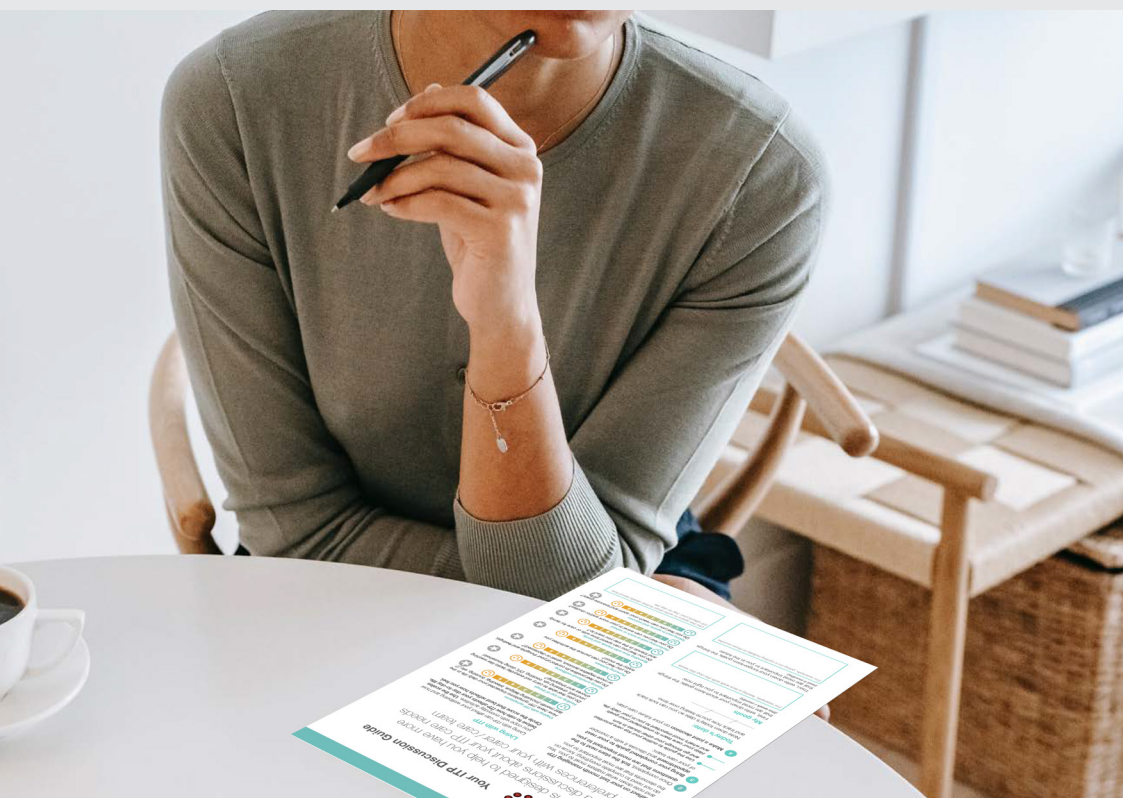
A background explainer for
healthcare professionals



What is the ITP Discussion Guide?

The ITP Discussion Guide is a simple and patient friendly tool that supports people living with ITP to reflect on and prioritise their ITP care goals, needs and preferences.

- Patients write down their goals and rate aspects of living with ITP, as well as their ITP management over the last month
- They then highlight their top priorities and goals based on their answers, to discuss at their next ITP consultation



How can my patients use the tool?

Patients can use the ITP Discussion Guide either:

- Independently, before the appointment
- In a waiting room, either independently or with support from a healthcare professional

How can the ITP Discussion Guide support my consultations?

It promotes shared decision-making during consultations:

- 1 The guide helps patients to prepare for their appointment and articulate their needs, preferences, and goals more clearly to you
- 2 It sheds light on what is important for your patients
- 3 It shows how they are coping with existing treatments and if any changes to their care plan could improve their overall quality of life
- 4 It enables you and your patient to reach a joint decision about their individualised care plan, with their needs, preferences, and goals in mind

Scan the QR code to access ITP Discussion Guide

You don't need to register to use the ITP Discussion Guide. None of the data surrounding the ITP Discussion Guide will be stored, tracked, shared, processed, or saved.





The ITP Discussion Guide

A background explainer for healthcare professionals

